Dear parents and carers

Re: Year 3 and 4 – Relationships Education

This half term year 3 and 4 will be furthering their learning within PSHE lessons about relationships as set out in the Department for Education statutory guidance on relationships education, relationships and sex education (RSE) and health education. Lessons are planned using this guidance and the criteria for KS2 pupils set out by the PSHE Association (the association that the DfE funds to advise schools on teaching PSHE). We use high-quality resources for these lessons from the 1decision platform. This includes videos of scenarios with different endings that pupils watch, prompting class discussions on which option the characters should choose.

If you would like to hear more about the content of the lessons and watch the videos that the children will be viewing you are welcome to attend a parent teams session for both year 3 and 4 parents at 5pm on Thursday 12th November. Lesson resources are available to view on the Ludlow Junior School website. The password is LudlowRSHE.

The outline of lessons is below:

Year 3	Lesson Content	Lesson Type
Lesson 1	Children learn about different types of relationships e.g. friendships, grandparent/ grandchild, siblings, neighbours, teacher/student, colleagues.	Relationships education (statutory) Parents do not have the right to withdraw pupils from this lesson.
Lesson 2	Children learn about different types of families e.g. 2 parent, single parent, single sex parents, living with grandparents, adopted.	Relationships education (statutory) Parents do not have the right to withdraw pupils from this lesson.
Lesson 3 and 4	Children learn about different types of touch e.g. hitting, hugging, high-five, kicking and identify types that are not appropriate e.g. hitting. Children learn that males and females have different parts of their body that are private. They learn the scientific names for these body parts (penis, testicles, vulva, vagina). The children learn what to do if they, or someone they know, feels uncomfortable in a relationship. The children reflect on whether they always use kind hands.	Relationships education (statutory) Parents do not have the right to withdraw from these lessons.
Lesson 5	The children revisit what to do if someone is being unkind to them or if they feel worried or scared in a relationship. The children learn the difference between keeping secrets and surprises e.g. birthday presents. The children finish by summarising the characteristics of a healthy relationship.	Relationships education (statutory) Parents do not have the right to withdraw from these lessons.

Year 4	Lesson Content	Lesson Type
Lesson 1	Children recap the learning from year 3 about different types of relationships and the difference between secrets and surprises.	Relationships education (statutory) Parents do not have the right to withdraw from this lesson.
Lesson 2 and 3	The children learn about the characteristics of a healthy family life e.g. sharing, spending time together and how their relationships change as they grow older. Children learn that in some families, people choose to get married. They learn that in some cultures people can be forced to marry and that forced marriage is a crime in the UK. Children discuss the features of a healthy relationship e.g. trust, respect, honesty, listening and what might make a relationship unhealthy e.g. saying unkind words, not listening to others ideas or wishes, people making you do things you are uncomfortable with.	Relationships education (statutory) Parents do not have the right to withdraw from the e lessons.
Lesson 4	Children recap types of touch e.g. hitting, hugging, high-five, kicking and identify types that are not appropriate e.g. hitting. Children learn that males and females have different parts of their body that are private. They learn the scientific names for these body parts (penis, testicles, vulva, vagina). The children learn what to do if someone touches them in a way that they are not comfortable with or that is inappropriate. The children look at a range of scenarios and discuss whether they are appropriate or inappropriate touch.	Relationships education (statutory) Parents do not have the right to withdraw from these lessons.

All teachers receive training prior to teaching RSHE lessons to ensure that they are delivered in an age-appropriate and sensitive manner.

We recognise that parents play an important part in their child's relationships education and encourage you to discuss your child's learning at home.

If further advice or support is required, please do not hesitate to speak to your child's class teacher, the year 3 or 4 team leaders or myself.

Microsoft Teams meeting

Join:

https://teams.microsoft.com/meet/3924484804560037?p=u2peaOvdknLeQxaRHV

Meeting ID: 392 448 480 456 003 7
Passcode: K5fw7pY7

Yours sincerely

Mrs V Chandler
Deputy Head teacher